



Issue No 12: 19 May 2017

PENDULUM

RESPECT, RELATIONSHIPS, ACHIEVEMENT, SAFETY AND FAIRNESS

Riverside High School

Key Dates for 2017

MAY

Wed 24 - Thu 25 Music Competitions

Mon 22 School Association Meeting

JUNE

Thurs 1 RHS Cross Country Carnival

Fri 2 Cross Country Reserve Day

Mon 12 Long Weekend

Wed 14 UNSW Spelling Competition

Thur 15 UNSW Writing Competition

Tue 20 Inter High Cross Country

Mon 26 LC Orientation Gr 10

Tue 27 Newstead Orientation Gr 10

JULY

Tue 4 Reports home

Fri 7 Term 2 finishes

PRINCIPAL:	Ms N Odgers	GRADE LEADERS:
ASSISTANT PRINCIPAL:	Mrs S Matkovich	7 Mr T Elliott
ASSISTANT PRINCIPAL:	Mr D Hanson	8 Miss B Hall
ASSISTANT PRINCIPAL:	Ms L Burt	9 Mrs D Dave
ASSISTANT PRINCIPAL (A):	Mrs A Claridge	10 Mr T Musovic
PSYCHOLOGIST:	Mrs Claire Pople (Tue & Thur)	
SOCIAL WORKER:	Mrs Laura Fitzgerald (Mon-Wed)	
CHAPLAIN:	Ms Cecily Rosol	
NURSE:	Mr Peter Jacobson (Tue-Wed)	
BUSINESS MANAGER:	Mrs Leonie Johnston	

From the Principal

Dear Parents and Families,

We have a number of highlights to share from this week:

- Grade 8 students, Gabriel Walton-Clear and Esther Godfrey, won the Regional Final of Rostrum Voice of Youth and will now represent the North of the State on June 3rd, competing in the State Final. Congratulations to Gabriel and Esther; what a wonderful achievement.
- A large number of students have participated in the Drama section of the Launceston Competitions. Throughout the week there have been many great stories that highlight the learning and success of our students. Well done to all involved; we are very proud of you!
- On Tuesday afternoon we worked through a very important part of our consultation process in planning for our Capital Works. This session included both our teaching and non-teaching staff, a group of Prefects and some members of our School Association. We had the opportunity to share and discuss ideas from our school visits and also to collaborate about what we see as the priorities for our school in planning the redevelopment. Thank-you all for your positivity and thoughtful contribution to this important work.

First Aid

In recent weeks we have been reviewing our First Aid Support to ensure that we have effective processes in place and provide a good level of care for both students and staff.

Some key points for you to be aware of:

- The health and well-being of our students and staff is our priority - all matters will be managed in a caring and respectful manner;
- The purpose of our First Aid Support is to provide care and follow up when an incident/accident occurs at school (we are unable to provide medical advice and follow up from injuries that occurred outside of school hours);
- If a student becomes unwell at school, and are unable to participate in our normal learning program, First Aid will contact home and arrange for a parent/guardian to take the student home;
- We will seek professional support as required and be guided by professional advice and DoE Guidelines.

A reminder that we follow Department of Education guidelines regarding the use of medication by students. Please be aware that students who require an Epi Pen must carry it with them at all times. Spare Epi Pens will be available, in an emergency, from First Aid/ Admin Office. Medication cannot be given to students without written permission from parents (DoE letter template to be completed). We are unable to issue Panadol to students unless:

- Parents/guardians complete a written request to the school to administer the medication. You can download this form from the department's website at: www.education.tas.gov.au
- Provide signed authorisation from your medical practitioner/ pharmacist or nurse giving specific instructions for the administration of the medication (Panadol)
- Transfer the medication (Panadol) safely to the school.
- Provide the medication (Panadol) in the originally prescribed containers only.

It is important that parents are aware of our First Aid processes; please contact the Admin Team or Grade Leaders if you have further information that needs to be provided/updated or any matters that may need further discussion.

Before and After School

A reminder about our expectations and duty of care for students at the beginning and end of the school day. Once students arrive on our school grounds each morning, whether travelling by bus, being dropped off by a parent or walking, the expectation is that students remain on school grounds where we can provide adequate supervision. Similarly, at the end of the day, we expect that students who are travelling by bus remain on the school grounds until the bus arrives. Any exception to this, needs to be clearly communicated to an Assistant Principal by the parent. We appreciate your co-operation with this matter.

Ms Natalie Odgers

Lantern Walk

On Friday, 12th May Prefects; Anna Roberts, Oscar Purtell and Jacqui Zealley attended Launceston's annual Lantern Walk at City Park. The purpose of the event was to celebrate the change in season by remembering the legend of St Martin. St Martin was a Christian monk known for his humility and generosity: he once saved a beggar's life by cutting his own cloak in half so that the freezing man could survive the cold.

We all enjoyed the evening and had fun making and parading our lanterns as well as meeting new people from our community. We also took the opportunity to donate a large bag of blankets and warm clothes to the St Vincent de Paul Society on behalf of the school.

Anna Roberts
Head Prefect

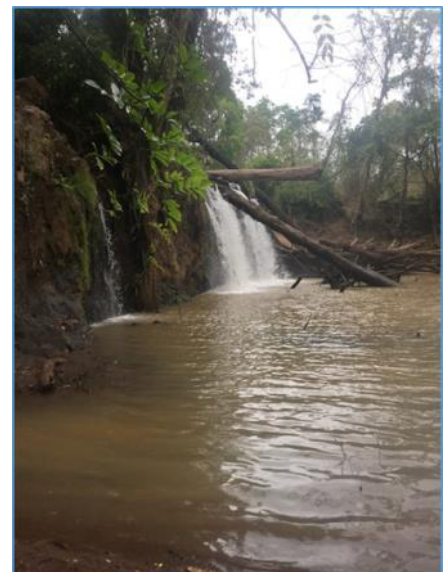
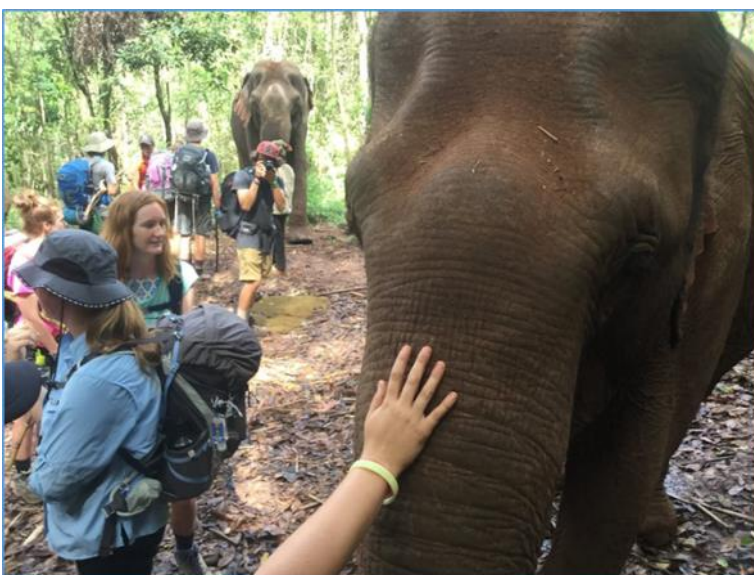


ANTIPODEANS 2017 - PART 2

Hi everyone it's the Antips crew here to talk about our first trek of the trip in Mondulkiri and the lovely Phnom Phen.

Towards the beginning of the trip we went on our first trek in Mondulkiri. We were all excited for the next three days ahead of us and what it had in store. Our tour guides were eager to meet us and were excited to come along on our trek.

Day 1 of our trek we started off strong with a 15km walk ahead of us. It was a challenging first day as we walked up and down hills that felt like mountains. Right at the end of the day we were faced with a problem; Amber Jones slipped in a stream and dislocated her knee. She managed to make it to our first camping site, where we told ghost stories by the campfire and spent the night in hammocks, which was an experience for us all.



ANTIPODEANS 2017 - PART 2



Day 2

Unfortunately a few of us had some injuries after the first day, but those who could continue did so with a positive attitude. Our walk led us to many waterfalls and a river that we all swam in. We powered on and made our way to our 2nd home stay of the trip much faster than anticipated. This new village that we entered was nothing like the way we live here in Australia and it made us all thankful for how lucky we really truly are. We then had a sleepless night ahead of us with cows, pigs, dogs, chickens, buffalos and kittens keeping us awake with even the odd motorbike or ten to keep us awake!

Day 3

After a rough few nights of not much sleep we all woke up bright and early eager to finish our trek and meet some elephants. We headed off on our way to the elephants with sugar cane and bananas ready to feed them. After a short walk we made it to the animals and we were lucky enough to pat and feed them. We were given a detailed description about the elephants and had a safety talk about how dangerous they can be. Unfortunately for us we were faced with another challenge as the male elephant became aggressive. We were evacuated for our safety.



S21



ANTIPODEANS 2017 - PART 2

Phnom Penh.

After our trek had finished we made our way to Phnom Penh. Phnom Penh is the vibrant bustling capital of Cambodia and is very welcoming. We spent our time exploring the city and the night markets. We then spent a full day exploring S21 and the Killing Fields which was very confronting but a very interesting experience. At Tuol Sleng Museum of Genocidal Crimes (S21) we were all in disbelief at how humans had treated their own kind. Throughout our visit we were provided with an audio guide, which helped us to understand more about this time, and what and why such terrible things had occurred. We soon then followed on with the Killing Fields, where we also had an audio guide. This place was a follow on from S21 as prisoners were punished and tortured there, where here they were brought to be killed. This was a place of horror and pure disgust and from exploring this event we have learnt a lot about Phnom Penh's history and growth. We learnt so much about what happened and about Phnom Penh's growth as a city. We were truly shocked to see what went on.



Stay tuned.....Part 3 coming next week!

SPORT IN FOCUS—SOCCER FIRSTS

And so it begins. The title defence for the Soccer Firsts. Having such a strong squad last year, it is always a daunting task to attempt to fill someone else's shoes. Especially if those shoes gracefully ran, dribbled, passed, crossed and score goals more than any other school in the Senior First division last year. Never the less, the squad entered the game full of anticipation, nerves and excitement. The first game of the season is always an unknown. How will the team gel? Will we defend as a unit? Will we create chances and will we score? Unbelievably well, yes, yes and YES are the answers. Kings Meadows had some elite individuals who were a constant worry when they had the ball early, however the pressure and movement didn't allow King's star players to have much of an impact. The first 15 minutes was tight, both teams getting a sense for how each would play. A strong play down the right side and quick one-two and wonderful strike from Jake Walkden led to the opening goal.

The game continued in a very even contest, both teams playing at a frantic pace and creating chances. Two wonderful saves from Ben Frost in goals kept our lead intact before another brilliant team play starting from the general in the back line, Ryan Hume (2016 Golden Boot winner), which ended up at Jacob Horton's feet who professionally placed it past the keeper for a 2 – 0 score line. Kings pushed hard for the next few passages of play, but the reliable defence of Jacob Weeding, Georgia Wing, Thomas Moreton and the 'General' Ryan Hume, kept our advantage. A quick play again down the right, a tremendous through ball and the electric pace of Kaidon Cleaver, who smashed home the teams 3rd goal of the half, just on half time.

The second half started with complete dominance in the midfield, led by Co-Captain Matthew Owens. This control led to several outstanding chances. Jakob Hartley (2 goals), Toby McKnight and Jacob Weeding were all on the receiving end of some strong build up down the flanks. A lapse in concentration allowed Kings Meadows through for a one on one chance with Ben and despite his best efforts, they were able to peg a goal back. From then, it was all Riverside. A superbly taken free kick from outside the box by Matthew Owens gave the Kings keeper no chance, then two goals in the last 5 minutes really blew the opposition out of the water. A wonderful strike from Jacob Horton for his second and a clinical finish by Jake Walkden (also for his second) finished the scoring, Riverside 10 – Kings 1. The score line certainly flattered the Riverside team, as the game was competitive right to the final siren. The difference was certainly the work from our defensive line and our ability to finish well built up chances. Overall, a great start to the season, however lots of work in front of us.



SPORT IN FOCUS—SOCCER FIRSTS



SUBJECT IN FOCUS - CIVICS AND CITIZENSHIP

The Grade 7 year group has continued their work establishing a common understanding of Growth Mindset and have now refocused on what that actually means for their future. The grade will focus on a program titled 'My Life and Career Pathway Plan' from the Coaching Young People For Success resource.

This program will assist in leading young people on a journey of self-discovery where they complete a Personalised Profile and design an inspiring life and career pathway plan that matches who they are, what life and work they will love and what they need to do to get there.

The program incorporated the P.O.W.E.R model:

Step 1: Imagine... Possibilities for their life and work

Step 2: Be... Organised by making a plan

Step 3: Develop... Will-power to do what it takes

Step 4: Build... Emotional skills to overcome obstacles

Step 5: Achieve... Results by taking action



SUBJECT IN FOCUS - CIVICS AND CITIZENSHIP



JELLY EATING COMPETITION

On Wednesday 10 May, Health and Wellbeing Prefects decided to kick start the term with an event that would bring everybody together and let the school's positive environment radiate. We knew that there would be no better idea then to bring sugar to the mix. Because of this, we organised a jelly competition to be held in the gym at lunch that would be sure to bring a smile to everyone's face. One day prior to the competition, Prefects Chiara Hull, Charlotte Edwards and Thomas Moreton filled over 50 plastic cups with delicious strawberry and raspberry flavoured jelly.

With all the jelly refrigerated and ready to go on Wednesday, the Prefects started to set up at 12:15 to be prepared for the competition. As lunch started and students came in, the stands quickly filled and everyone eagerly waited for it all to begin. After ground rules were set, Grade 7's were first up to the baton with one representative per homeroom. The rules were that they must consume one single cup of jelly as quick as possible without lifting the cup off the table. After the other grades competed and people were selected for finals, seven students were selected at random from the crowd to have a chance of entering the finals.

With the audience excited and cheering loudly, the finals began with Grade 10, Ethan Lambert-Steele coming out as Riverside's 2017 Jelly Eating dominator. To conclude the day, the Prefects left, satisfied with their profits and the students left just as satisfied with their lunchtime well spent. After such a successful event, we cannot wait to see what the rest of this term holds.

Chiara Hull
Health & Wellbeing Prefect



DEBATING REPORT

Hi, we are the Junior B3 team. On our team we have Nihad Mohammed, Emmerson Kidd, Esther Godfrey, Aarthi Parthiban and Lakshana Sankaramoorthy. This is our second year debating as a team. We have been very successful this year. Debating is really good to build your communication skills. We work very well as a school team and everyone is willing to help each other out. Ms Howell is our debating co-ordinator. She assists us with good tips for successful debates and is very encouraging, thank you sooo much Ms Howell. We don't just debate, we also make an impression.

Nihad Mohammed



"RIVERSIDE RIPPERS"

We value: RESPECT, RELATIONSHIPS, ACHIEVEMENT, SAFETY and FAIRNESS

Our learning culture is underpinned by a Growth Mindset

GRADE 7



Declan Beament 7A: Declan has been an incredibly helpful classmate, making sure that his peers are feeling supported and valued. He has willingly volunteered to help his friend move around the school whilst she has been injured, carrying her books and making sure she is safe in the corridors. Declan is to be commended on both his selfless and positive attitude. Well done Declan, your Ripper nomination is well deserved.



Emily Oakley 7A: Emily has demonstrated incredible resilience this year. Despite being on crutches since school began, Emily has participated in all activities to the very best of her ability. She has not allowed herself to be disadvantaged and her positivity is an example to her peers and staff. Well done Emily, we certainly hope that you are able to walk around freely soon, but in the meantime your 'Ripper' attitude has been amazing.

GRADE 8



Chelsea Wing 8C: Chelsea is being nominated for a Riverside Ripper this week for her excellent attitude and great work ethic in class. Chelsea always pushes herself to complete all set tasks to a high standard. She is a brilliant learner, always focused and ready to listen to the teacher. Overall, Chelsea has proven to be an ideal student and an exceptional role model for her peers. Well done Chelsea!



Gabriel Walton-Clear 8D: Gabriel is making a great effort to participate in many activities around the school. He works hard in class and demonstrates compassion and understanding towards his peers and teachers. Gabriel competed in the Rostrum Voice of Youth Public Speaking competition last weekend where he was a winner in Regional Finals and will now represent the North of the State on June 3rd in the State Final. Gabriel also competed in the Drama competitions where he worked in a trio and placed 1st in the Grade 8 Mime Section. Congratulations Gabriel on a very successful weekend.

GRADE 9



This week we would like to recognise **Kelsey Grant 9E and Montana Viney 9D:** These girls have taken on leadership responsibility in the form of coaching a Grade 8 Netball team. Not only are these girls fantastic role models, always demonstrating respectfulness and fairness, they are also willing to give up their time on a Saturday morning to help the learning of younger students. Being top netballers themselves, it is brilliant that they have committed to contributing to the school community. Well done girls!



GRADE 10



Sienna Cook 10G: It is a pleasure to recognise Sienna as one of this week's Rippers. Recently Sienna contributed an article written for a major Tasmanian magazine, 60° South. The work which went into producing this article is indicative of Sienna's attitude towards her work and determination to produce pieces of a high standard. The article was framed by several beautiful landscape photographs taken by Sienna, one of which was used on the cover of the magazine. Sienna has continued her fine efforts in all her school endeavours displaying our school values of effort and achievement. Sienna is an asset to our grade and a true friend who can be relied upon to show support and encouragement to all. Congratulations Sienna for your achievements so far this year.



Zoe Reinmuth-Lewis 10B: Zoe has been nominated for a Ripper Award this week due to her willingness to assist two students performing in the Launceston Drama Competitions. Zoe stepped in at very short notice, learnt the role of a third student who could not perform due to absence and performed well on the day. Zoe's actions meant that two other students still had the opportunity to participate. Although they did not gain a place, Zoe demonstrated that helping others in need is a valued and respected aspect of relationships.



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8/5/2017

This note/letter is to notify students, parents, guardians and schools that the Devil bus will **NOT** be servicing Jetty, Beach or Freshwater Point Roads for passengers of an afternoon starting Monday 15th May 2017.

For the children at St Anthony's this will require your students to travel on the Devil bus to Riverside Primary where they will need to transfer to the Possum bus if required

This has been brought about because of overcrowding on the Devil bus and our concerns for the safety of the students, driver and the travelling public.

These roads will have the Possum bus from the Primary School and the Koala bus from the High School. St Anthony's may need to transfer from the Devil bus at Riverside Primary where the Possum bus will be waiting.

Therefore the bus will stop its afternoon service at the end of St Clair Road.

At this stage there will be no change to the morning service.

Thank you for helping with a smooth transition.

Bernard Manion

Managing Director



To keep up to date with all the sport, carnivals and HPE related information at Riverside High School, "like" and follow us on Facebook. Look for the Riverside HS Sport and PE page.

RUMPUS AT LEGANA YOUTH CENTRE RE-OPENS

The Rumpus Youth Centre at Legana will re-open on Tuesday 16th May for Term 2. The centre is open 3.30pm – 5.30pm throughout Term 2 with fun and exciting activities each week. The centre is open to all young Legana residents aged 10-16. For more information please contact Stewart Bell on 63239206 or email: stewart.bell@wtc.tas.gov.au

WEEK 4	EXCURSIONS
Monday 22 May	
Tuesday 23 May	
Wednesday 24 May	Grade 9/10 Sport—as rostered Period 5 & 6 (lunch start at 12:30pm), Music Competitions—Contemporary
Thursday 25 May	Music Competitions—Contemporary
Friday 26 May	
Saturday 27 May	
Sunday 28 May	

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