



Issue No 4: 2 March 2017

PENDULUM

RESPECT, RELATIONSHIPS, ACHIEVEMENT, SAFETY AND FAIRNESS

Riverside High School

Key Dates for 2017

MARCH

- Fri 3 RHS Swimming Carnival
- Mon 6 School Assoc Meeting
- Fri 10 MSP Photos (1)
- Mon 13 8 Hour Day Holiday
- Tue 14 MSP Photos (2)
- W-F15-17 Grade 7 Camp Clayton
- Tue 21 Inter-high Diving Carnival
- Fri 24 Interim Reports Home
- Fri 31 Inter-High Swim Carnival

APRIL

- Mon 3 Parent Teacher Evening
- Wed 12 Last Day of Term

MAY

- Mon 1 Term 2 Commences

PRINCIPAL:	Ms N Odgers	GRADE LEADERS:	
ASSISTANT PRINCIPAL:	Mrs S Matkovich	7	Mr T Elliott
ASSISTANT PRINCIPAL:	Mr D Hanson	8	Miss B Hall
ASSISTANT PRINCIPAL (A):	Mrs R Donaldson	9	Mrs D Dave
ASSISTANT PRINCIPAL (A):	Mrs A Claridge	10	Mr T Musovic
PSYCHOLOGIST:	Mrs Claire Pople (Tue & Wed)		
SOCIAL WORKER:	Mrs Laura Fitzgerald (Mon-Wed)		
CHAPLAIN:	Ms Cecily Rosol		
NURSE:	Mr Peter Jacobson (Tue-Wed)		
BUSINESS MANAGER (A):	Mrs Leonie Johnston		

From the Principal

Dear Parents and Families,

We are focused on ensuring that we are a 21st century learning environment, embracing technology so that our students are using this as an important tool for their learning. This year we are aiming to significantly increase the use of bring your own devices (BYOD). There is considerable evidence about the advantages of students working with and using the same device at both home and school. It has been great to see a real sense of enthusiasm from students with regard to bringing their own devices to school and we appreciate the support from parents to enable this to happen. Students have been able to enjoy easier access to our internet based resources and school based wireless network. We are also ensuring we have adequate support for students and staff and so are now employing an IT Trainee, Harry Heathcote, who is able to provide a great service to staff and students, working alongside our IT staff.

Our increased use of technology has also resulted in a changed approach to our Mobile Phone Policy. Mobile phones are now viewed as secondary devices and suitable for learning in a range of situations.

However, we encourage students to be mainly accessing a primary device such as a laptop or a tablet. Laptops in particular now have a provision for students to be able to print from their device, so we would encourage use of laptops for those students who do have them. Please be aware that BYOD use of phones, in particular, is in learning time and break times are viewed as a break from technology. I have been really impressed with the respectful and mature way that students have managed this transition. Further information about our policy is available in our BYOD Brochure which has been distributed to all students at the end of last year and is also available on our APP.

Our school continues to maintain a fleet of computers for student use and while it is not compulsory for students to bring their own device, we are strongly encouraging and supporting their use. Further details about our expectations and both student and parent responsibility is outlined in our *ICT Acceptable Use Agreement* which all students and parents are required to sign.

We are living in a technological world and our aim is for our school to reflect real life and to prepare our students to live and work successfully in a modern world. The following clip was shared with both students and staff last year. It provides some interesting insights about the future and the world we are preparing our students for. You may be interested in viewing this short clip: - [Did you Know, in 2028... YouTube https://www.youtube.com/watch?v=QpEFjWbXog0](https://www.youtube.com/watch?v=QpEFjWbXog0).

Appointments with Teaching Staff

I have a strong belief that parents working and communicating closely with teachers is essential to supporting students to be successful at school. We welcome you keeping in regular contact with teachers whether this is through an email, a phone call or a visit to the school. A reminder though that schools are incredibly busy places and our teaching staff, including our leaders, all have

hectic schedules and numerous commitments with regards to teaching and meetings. Therefore, could I please ask that if you want to come in to the school to see a teacher, you make an appointment through the office, so that we can give proper time and attention to your concern or queries. To help you with making appointments, please note that we have scheduled meetings on Monday and Tuesday afternoons until 4.30 and that staff are also in Briefing on Monday mornings before school. Obviously if there is an urgent matter and you need to call into the school to see someone, we will do our best to speak with you.

In Closing

On Wednesday the Prefect Board held their first Free Dress day for the year with a yellow and purple theme in support of the upcoming Relay for Life. It was great to see so many people getting into the spirit of this very important cause. This weekend we have a team of 54 students participating in the Relay for Life at the UTAS campus. This is an annual event that the school supports to raise money for Cancer research and recognise those who have had cancer touch their lives in one form or another. It is great to have such a large group of students and staff supporting this important event and we wish them a successful weekend.

Our Swimming Carnival will be held tomorrow at the Launceston Aquatic Centre. This is a great day with a range of activities and events that cater for swimmers of all abilities. A reminder that this is an important part of our school program and all students are expected to attend. We look forward to seeing many parents and family members join us as spectators.

Natalie Odgers

2017 PREFECTS



LEADERSHIP ASSEMBLY



GRADE 7 STUDENT REPRESENTATIVES



HOME ECONOMICS – FOOD

Food and Nutrition classes from Grades 7 to 10 equip students with the skills and knowledge to prepare food and make informed food choices. In Foods classes, the emphasis is around the need to eat nutritionally and most importantly with a balanced approach to food selection. The Australian Guide to Healthy Eating is the preferred model for students to follow when planning meals and snacks.

Grade 7 students are excited and keen to learn about the routines required to work in the kitchens at Riverside High School. Their program focuses on developing cookery skills and techniques along with an understanding of basic hygiene and safety required to keep themselves and others safe.



Students in Grade 8 have been consolidating the skills developed in Grade 7 with a focus around cooking with fruits and vegetables. Shortly they will be encouraged to stretch their understandings by using the Design Process. They will be encouraged to plan, write and make recipes using a range of selected ingredients for a specific purpose. This process also focuses on time management and team work to achieve goals. Students will be given the opportunity to reflect on their work and make suggestions as to how they can improve.





Grade 9/10 Food Studies students have started the year learning about the importance of nutrition in their diet through a unit of work called Eat Well Live Well. Students are studying diet related diseases and how they affect the individual and those around them. The following units of work focus on bread, yeast and pastry; an understanding of preparing and cooking meat, seafood, poultry and vegetarian foods; and a unit concentrating on Festive Fare, which revolves around food which is suitable for different celebrations.

Members of the Grade 9/10 Food Design class are presently developing a repertoire of recipes suitable for various catered situations. Students refine recipes and processes so that they efficiently produce suitable and tasty food. They will learn about the importance of hygiene, aspects of quality control, how to cost a recipe and presentation techniques. The students recently catered for the School's Leadership Assembly; this was a fantastic learning experience showcasing the skills they have learnt.




Mrs Vicki Eadie and Mrs Karen Laycock continue to be committed to teaching Home Economics in 2017. This year we welcome Miss Marilyn Flint to our team. Miss Flint is teaching Grade 9/10 Food Studies, Grade 8 half year Foods and the Wednesday afternoon Tempting Treats Term 1 and 4 short course. Mrs Brooke Van Ruiswyk is teaching a Grade 7 Home Economics class and a Grade 8 Creative Foods class. We are all looking forward to a productive and interesting year and encourage students to continue to practice their skills at home.



CORNERSTONE

YOUTH SERVICES INC



Cornerstone Youth Services Inc. (CYS) is a FREE and CONFIDENTIAL service for people aged between 12 to 25 years.

We can help you if you have any WORRIES, are not SLEEPING enough, are feeling STRESSED and SAD or having THOUGHTS that are bothering you.

You can TALK to a professional LOCATED in the WEST TAMAR area who is specially trained to HELP young people deal with any SOCIAL and EMOTIONAL PROBLEMS that you may have...even those really private ones!

For more information and appointments call 6335 3100

"RIVERSIDE RIPPERS"

We value: **RESPECT, RELATIONSHIPS, ACHIEVEMENT, SAFETY and FAIRNESS**

Our learning culture is underpinned by a **Growth Mindset**

GRADE 7



Lachlan Murfet 7C: Lachlan has displayed a Growth Mindset this week. He has decided to take advantage of some of the opportunities that are offered at high school. Lachlan has taken on board the message that if we take on a challenge this leads to an opportunity to learn and experience new things. His teachers look forward to seeing how this determination pays off for Lachlan and how he continues to test himself to go further and do more. Well done Lachlan.



Brae Caplin 7A: Brae has demonstrated admirable drive and resilience this week. Home groups have been deciding upon representatives for Student Council. Brae prepared an excellent campaign, taking time to present himself in the best possible light. He spoke to his classmates with confidence. Although he was not selected this time, Brae asked for feedback from his teacher and is determined to try again when given another opportunity. Well done Brae – there will be many more chances for you to demonstrate this kind of leadership at RHS.

GRADE 8



Joseph Hull 8B: Joseph has been recognised as a Riverside Ripper this week for the kindness and support he has shown towards classmates this term. With an excellent display of a Growth Mindset, he has made every effort to help other students transition to high school, making them feel welcomed and comfortable. His willingness to take on challenges and his positive attitude to all he does is admired by many. Congratulations for being a great example of the school's values.

Riverside High School requires students to step into roles that show great dedication, a positive attitude and a willingness to take on new opportunities. These three attributes demonstrate the importance of a Growth Mindset by partaking in new challenges and applying effort in all areas of learning. Therefore, it's important to acknowledge all Grade 8 students who applied for the House Assistant roles this year by awarding them all with the Riverside High School Ripper. Well done!

GRADE 9



Ella Chia - 9C



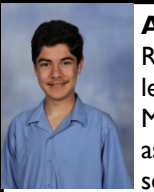
Greta Brown - 9C

This week we would like to recognise Greta Brown and Ella Chia from 9C as Riverside Rippers. Both girls are new to our school this year and have dealt well with the pressures of meeting new people, meeting new expectations and a new curriculum. They are both polite, respectful students and have high standards for themselves which is reflected in their demeanour and work ethic. To come to a new school late in high school is a huge challenge and these girls indeed demonstrate resilience in making the transition. Welcome to Riverside High!

GRADE 10



Jonah Stickler 10D: We would like to nominate Jonah as a Ripper this week and acknowledge the positive start he has made at our school. He engages with his learning tasks in a thoughtful and deliberate manner. He has integrated very well into 10D and has made a number friends. His willingness to demonstrate our school values has been evident in his respectful manner, in his interactions with staff and peers and his approach to learning. Well done, Jonah



Arsham Emad 10C: Arsham is awarded a Ripper this week for his positive attitude to his learning and his demonstration of a Growth Mindset. Arsham tackles all tasks enthusiastically, asks questions to clarify his understanding and seeks feedback about his progress. He typifies the school values both in the classroom and in his involvement in general school activities, always giving of his best in all endeavours. Arsham is an excellent role model and a deserving recipient of this week's Ripper!

SCHOOL PHOTOS 2017

Have your child's school memories captured forever. MSP Photography is on the way! Our Whole School Photo Day is: **Friday, 10th March 2017**. Every student must be in full school uniform on photo day.

This week during Home Group all students received a photo envelope. The photo envelope must be returned to HG teachers *before photo day*. Please include correct money as no change is available at the school office.

Please also note that:

- Online ordering is now available. Please see your child's photo envelope for details about this. Family/Sibling photos **cannot** be ordered online.
- If paying by cheque, please make payable to MSP Photography.
- Family envelopes are available at the school office upon request. Please collect prior to photo day. Family discounts are available to families with three or more children. Please see your child's photo envelope for further details about this.
- All orders received after photo day are subject to a \$10.00 postage and handling fee.

Thank you very much for your assistance with this matter.

WANTED

YOUR HELP IN OUR SCHOOL CANTEEN
Mums, Dads & Grandparents all welcome.

ONCE A MONTH - 10AM to 12PM

Lunch provided

Volunteers require Working with Vulnerable People Registration - We can assist with this registration



Please phone Gail Wade on 0407 811 828

TERM 1 HOLIDAY DATES: ADJUSTMENT TO TERM 1 HOLIDAY DATES

There is an error in the School Student Planner regarding our Term 1 school holiday break. It should read:

February 8 - April 12 2017
Term 2 resumes Monday May 1, 2017

WEEK 4	EXCURSIONS
03 March - Friday	Swimming Carnival - Launceston Aquatic Centre (8:30am - 3:10pm)



Riverside HS Sport and PE



To keep up to date with all the sport, carnivals and HPE related information at Riverside High School, "like" and follow us on Facebook. Look for the Riverside HS Sport and PE page.

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